



LETTER OF REFLECTION

Being together is essential for the recovery of the health and well-being of our communities. It's been an honor and joy seeing previous and new faces at our locations and programs. Throughout 2022, we focused on creating access to our programs and services by lowering membership prices and continuing financial assistance to anyone who needed it for child care, swim lessons, membership or other services. With the help of our partners, we also helped individuals experiencing homelessness find hope and essential resources.

We believe in the power of collective action, focus and partnership to improve mental, physical and spiritual health, to nurture every child and to lend a helping hand to those who cannot see their way out of the darkness. As we look back, it gives us great pride to reflect on the accomplishments of our Y. We thank our dedicated staff teams, members, volunteers and donors who make the work of the Y possible. Thank you.

Together, we:

- ▼ Welcomed 90,000 members into our wellness centers
- ▼ Served 20,084 youth under the age of 18 in our programs beyond child care
- Cared for 4,249 youth through our Before & After School, Early Learning / Preschool, and Head Start programming
- ▼ Provided a safe place and warm bed to 4,775 individuals experiencing homelessness
- ▼ Served 223,662 meals to those without a home

We look forward to creating more opportunities for access and transformational change throughout 2023.

In Service,

Tony CollinsPresident & CEO

Mary Auch Chair, Board of Trustees





DISCOVER OUR LOCATIONS

OVERNIGHT CAMP

YMCA CAMP WILLSON ...

2732 County Road 11 Bellefontaine, OH, 4331 (800) 423-0427

WELLNESS CENTERS

(* ICON MEANS DAY CAMP LOCATION)

A. DELAWARE COMMUNITY CENTER YMCA

1121 South Houk Road Delaware, OH 43015 (614) 389–4648

B. DON M. & MARGARET HILLIKER YMCA

300 Sloan Boulevard Bellefontaine, OH 43311 (614) 389-4364

C. ELDON & ELSIE WARD *

130 Woodland Avenue Columbus, OH 43203 (614) 389-4643

D. GAHANNA/JOHN E. BICKLEY YMCA **

555 YMCA Place Gahanna, OH 43230 (614) 389-4529

E. GROVE CITY YMCA *

3600 Discovery Drive Grove City, OH 43123 (614) 389-4567

F. HILLIARD/RAY PATCH FAMILY YMCA ₩

4515 Cosgray Road Hilliard, OH 43026 (614) 389-4557

G. HILLTOP YMCA *

2879 Valleyview Drive Columbus, OH 43204 (614) 389-4565

H. JERRY L. GARVER YMCA *

6767 Refugee Road Canal Winchester, OH 43110 (614) 389-4556

I. LIBERTY TOWNSHIP / POWELL YMCA **

7798 North Liberty Road Powell, OH 43065 (614) 389-4566

J. NORTH YMCA *

1640 Sandalwood Place Columbus, OH 43229 (614) 389-4707

K. PICKAWAY COUNTY FAMILY YMCA **

440 Nicholas Drive Circleville, OH 43113 (614) 389-4650

L. REYNOLDSBURG COMMUNITY CENTER YMCA **

1470 Davidson Drive Reynoldsburg, OH 43068 (614) 689-2040

M. WHITEHALL COMMUNITY PARK YMCA **

402 North Hamilton Road Whitehall, OH 43213 (614) 689-2050

LIBERTY TWP/POWELL YMCA | HYATTS PARK **

2500 Hyatts Rd Powell, OH 43065 (614) 389-4566

SUMMER ENRICHMENT PROGRAMS

BIG WALNUT AT PRAIRIE RUN ELEMENTARY **

701 North Miller Dr, Sunbury, OH 43074 (614) 839-9622 Ext. 5218

BUCKEYE VALLEY WEST LOCATION *

4340 State Route 257 S Ostrander, Ohio 43061 (740) 203-3051

PRAIRIE LINCOLN ELEMENTARY SCHOOL *****

4900 Amesbury Way, Columbus, OH 43228 (614) 389-4565

YMCA HEAD START

CHERRY CREEK HEAD START

600 Fox Ridge St, Columbus, OH 43228 (614) 389-4661

BROOKPARK HEAD START

2803 Southwest Blvd, Grove City, OH 43123 (614) 389-4633

NORTON RD. HEAD START

60 Norton Rd, Columbus, OH 43228 (614) 389-2518

JERRY L. GARVER HEAD START

6767 Refugee Rd, Canal Winchester, OH 43110 (614) 389–4556

ELC WEST HEAD START

1952 West Broad St, Columbus, OH 43223 (614) 444-1529

YMCA FUTURE SCHOLARS HEAD START/EARLY HEAD START

905 E Long St, Columbus, OH 43023 (614) 389-4723

YMCA EARLY LEARNING CENTERS

YMCA EARLY LEARNING CENTER ■

2879 Johnstown Rd, Columbus, OH 43219 (614) 342-5836

YMCA EARLY LEARNING CENTER-WEST ■

1952 West Broad St, Columbus, OH 43223 (614) 752-8877

LOGAN COUNTY EARLY LEARNING CENTER ■

1973 OH-47 W Bellefontaine, OH 43311 (937) 210-5026

YMCA PRESCHOOL PROGRAMS

YMCA NORTH BRANCH O

1640 Sandalwood Pl, Columbus, OH 43229 (614) 389-4707

PICKAWAY COUNTY O

440 Nicholas Drive, Circleville, OH 43113 (614) 389-4650

HILLTOP YMCA O

2879 Valleyview Dr, Columbus, OH 43204 (614) 389-4565

YMCA WHITEHALL PRESCHOOL PLUS O

4738 Kae Avenue, Whitehall Elementary, OH 43213 (614) 417-5604

JERRY L. GARVER YMCA O

6767 Refugee Rd, Canal Winchester, OH 43110 (614) 389–4556

HILLIARD/RAY PATCH FAMILY YMCA O

4515 Cosgray Rd, Hilliard, OH 43026 (614) 389-4557

SCHOOL AGE BEFORE & AFTER SCHOOL PROGRAMS (12 SCHOOLS DISTRICTS SERVED)

BIG WALNUT

Big Walnut Elementary/General Prairie Run Elementary Hylan Souders Elementary

BUCKEYE VALLEY

Buckeye Valley East Buckeye Valley West

COLUMBUS CITY SCHOOLS

Parkmoor Elementary Southwood Elementary

HAMILTON LOCAL SCHOOLS

Hamilton Elementary

LOGAN ELM LOCAL SCHOOLS

Pickaway Elementary

OLENTANGY LOCAL SCHOOLS

Alum Creek Elementary Arrowhead Elementary Cheshire Elementary Freedom Trail Elementary Glen Oak Elementary Heritage Elementary Indian Springs Elementary Johnny Cake Corners Elementary Liberty Tree Elementary Oak Creek Elementary Olentagy Meadows Elementary Scioto Ridge Elementary Shale Meadows Elementary Tyler Run Elementary Walnut Creek Elementary Wyandot Run Elementary Grace Church K+

CIRCLEVILLE CITY SCHOOLS

Pickaway Co YMCA

PICKERINGTON CITY SCHOOLS

Tussing Elementary
Violet Elementary
Toll Gate Elementary & Middle School
Heritage Elementary
Fairfield Elementary
Pickerington Elementary
Sycamore Creek Elementary

SOUTH-WESTERN CITY

Alton Hall Elementary School Bolton Crossing Elementary Darby Woods Elementary School Darbydale Elementary School Harmon Elementary School Highland Park Elementary School Prairie Lincoln Elementary School

TEAYS VALLEY LOCAL SCHOOLS

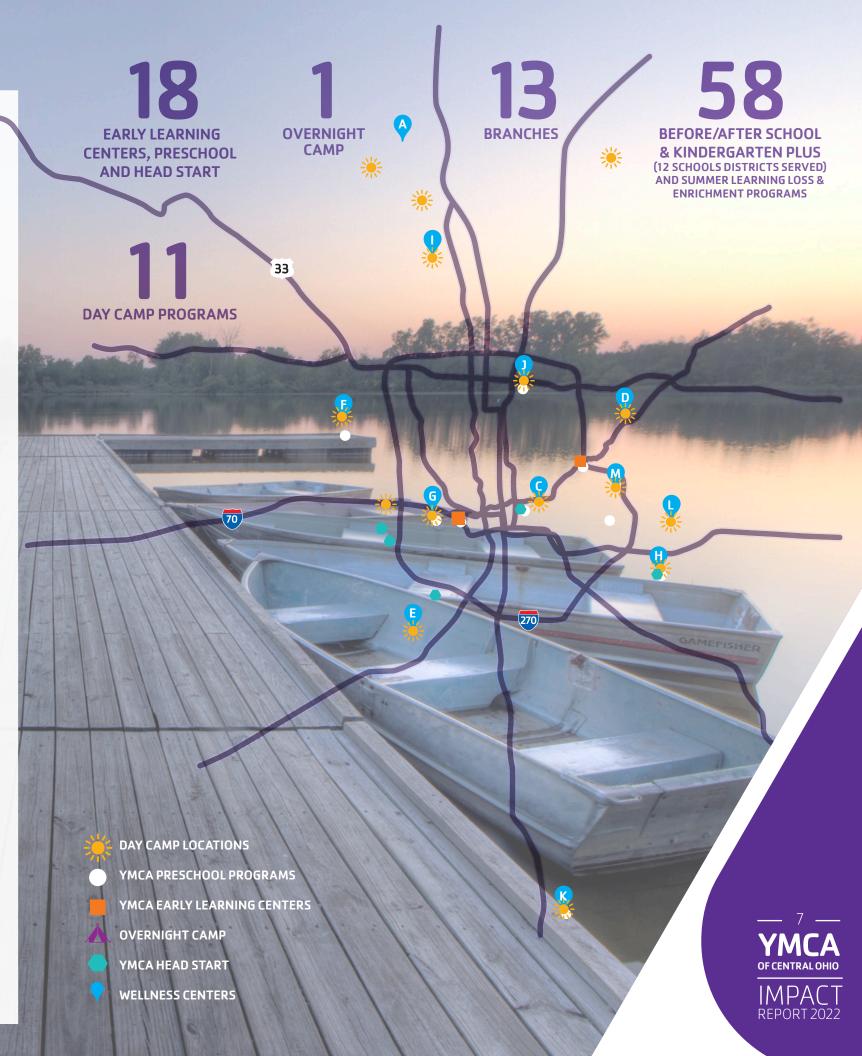
Asheville Elementary Scioto Elementary South Bloomfield Elementary Walnut Elementary

WESTFALL LOCAL SCHOOLS

Westfall Elementary

WHITEHALL CITY SCHOOLS

Kae Ave Elementary Beechwood Elementary Whitehall Community Park YMCA







MEET SANEQUA JAMISON

For Central Ohio mother of three, Sanequa Jamison, day camp created a nurturing place for her children during the summer. With the help of the Y, life as a mom was a little bit easier.

> "When I came to pick my daughter up, she would say 'mom I don't want to go home because I'm having fun.' That's a good feeling as a mom," Jamison said.

Through building relationships, structured environments and fun educational activities – confidence is instilled in our youth to be the best version of themselves. For Jamison's daughter, camp meant making new friends, learning new skills and looking at her world through a new lens.

YMCA OF CENTRAL OHIO

IMPACT REPORT 2022

"I saw a change in her from the social perspective," Jamison said. "She learned how to make friends. When she first started going to camp, she was more shy and afraid of things. YMCA Camp helped her learn and grow."









BIDDING FAREWELL TO THE DOWNTOWN YMCA

The Y purchased the lot for the Downtown YMCA in 1916, with delayed construction due to World War I, and finally opened in 1924. The seven-story building was constructed in 1923 and designed in the Jacobethan Revival and Late Gothic Revival styles by Walter F. Shattuck. Dedicated in 1924, the Downtown Y became home to many and at one time was one of the largest YMCA resident facilities in the country.

Throughout its history, the building hosted more than just physical fitness to its many attendees. In the

beginning, it offered a home to soldiers and men coming from rural areas to experience new city life and anxious to learn. Men joined discussion groups and took advantage of the building's extensive library. YMCA schools were established and offered business and trade classes, which eventually led to today's Franklin University.

Serving over 100,000 men from 1924–2022, the Downtown YMCA became a beacon of hope and a permanent supportive housing residence for thousands of men coming out of rehabilitation programs or recovering from homelessness. Renovations and upgrades occurred over time, but ultimately the maintenance needs for this building outpaced the Y's resources.

The Downtown YMCA ceased membership services in 2019 and focused on relocation planning for its 403 residents. Sue Darby, Senior Vice President of Housing for the Y, stated, "The closing of the Downtown YMCA is bittersweet. We are grateful for the memories made in this truly remarkable building and are looking forward to providing the residents we serve with modern amenities and living conditions."

The legacy of the YMCA lives on through a modern day permanent supportive housing development, which opened in December of 2022.













HEALTHY LIVING BUILDING WHOLE PERSON HEALTH

At the Y, we believe in building healthy bodies from the inside out. Our holistic approach to wellness is captured in our commitment to spirit, mind and body. Our communities have not only faced increased health challenges and disparities, but also rising costs of care and daily living expenses. That's why we decided to create more opportunities for access by lowering our membership prices beginning January, 2022.

Now more than ever, people need the YMCA as a place for community, recovery and support while improving their health and wellness. Community based prices coupled with the Y's pre-existing membership for all financial assistance program helps to create more access for all people, especially families and seniors.

66%

of our members were able to access our YMCAs, services and programs through reduced rate memberships

\$1,144,843 in assistance was received

by individuals, creating opportunities for access to programs and resources. improving their well-being

90,000

members provide with resources to improve their health and well-being

8.000+

children and adults learned to swim and be safe around the water

MEET LENAE WALTERS

Before she had reached her 30th birthday, Lenae Walters found herself battling cancer, a new harsh reality. The YMCA became her support system, standing beside her as she fought lymphoma.

"On top of the treatment, I had to go through it during Covid I could not be around anyone," Walters said. "I had to be guarantined. I had to go to my treatments and appointments alone. I missed many family events."

In the middle of 2021, she received the good news she had been waiting for – she was in remission. But because of the dangers of the pandemic, she was still extremely limited on what she could do. She still had a long road of recovery ahead, and was under strict guidelines from her doctor to keep her safe during the pandemic - that meant missing family events, dinners with friends and the social life she always knew.

"Just because you're in remission, doesn't mean your immune system is back to normal. I was still immunocompromised. As a cancer patient, you start to focus on what you can control. I started to think, what could I do safely?"

Walters knew she needed a place to help her get out of the depression she was feeling. She needed a community, friendly faces and hope to build her strength back physically and emotionally. Her family took a tour at the Delaware Community Center YMCA. A gym setting was still risky,



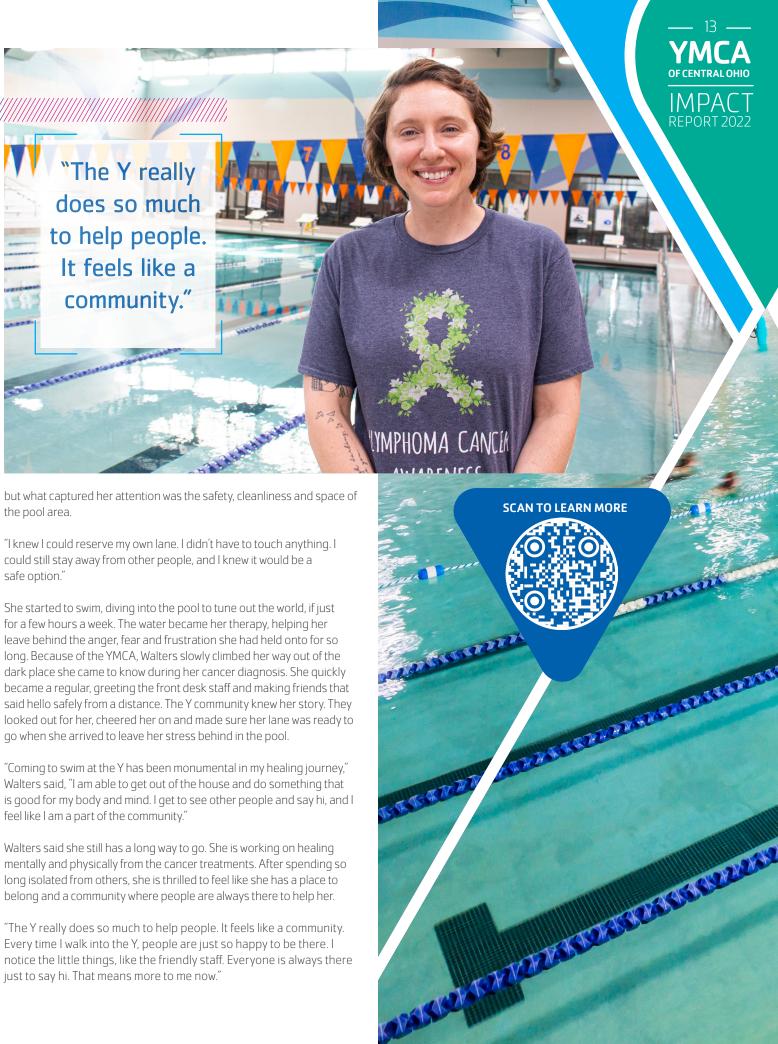
"I knew I could reserve my own lane. I didn't have to touch anything. I could still stay away from other people, and I knew it would be a safe option."

She started to swim, diving into the pool to tune out the world, if just for a few hours a week. The water became her therapy, helping her leave behind the anger, fear and frustration she had held onto for so long. Because of the YMCA, Walters slowly climbed her way out of the dark place she came to know during her cancer diagnosis. She guickly became a regular, greeting the front desk staff and making friends that said hello safely from a distance. The Y community knew her story. They looked out for her, cheered her on and made sure her lane was ready to

Walters said, "I am able to get out of the house and do something that is good for my body and mind. I get to see other people and say hi, and I feel like I am a part of the community."

Walters said she still has a long way to go. She is working on healing mentally and physically from the cancer treatments. After spending so long isolated from others, she is thrilled to feel like she has a place to belong and a community where people are always there to help her.

Every time I walk into the Y, people are just so happy to be there. I notice the little things, like the friendly staff. Everyone is always there just to say hi. That means more to me now."





Provided book bags, hygiene kits, school supplies and haircuts to **300 YOUTH AS** THEY RETURNED BACK **TO SCHOOL**



INSPIRING ACTION AND CHANGE IN OUR COMMUNITIES

YMCA Community Health Workers **SERVED 435 EXPECTANT** AND NEW PARENTS; providing education and services to disrupt racial health disparities, ensuring their babies were born healthy and made it to and



MORE THAN BUILDINGS & PROGRAMS

SOCIAL RESPONSIBILITY

beyond their first birthday

Strengthening community is our cause. We offer home visiting and community based services beyond our brick and mortar walls to families, expectant and new parents, children, youth who have been suspended from school, New Americans and people of all ages who have disabilities, delays or special health care needs. Services range from screenings, evaluations, therapy, supportive education, inclusion activities, trauma informed practices and training, homelessness prevention, and social emotional learning skills. All of these services are offered at no cost to families and enable our Y to provide resources and support throughout our communities.

PROVIDED 200 INDIVIDUALS with

integrated services such as business model training, IEP assistance, mentoring, citizenship and immigration assistance



HOMELESSNESS PREVENTION

Our Y serves 1,000 families and 2,000 **children** each year through the Stable Families program.

70% of families served through the Stable Families program increased their income level providing more stability in their housing to keep them off the streets

84% of our families served were able to obtain or maintain appropriate, safe and stable housing

98% of the school-age children served were able to stay in their school of origin and avoid a disruptive move

HOUSING IS A BASIC NEED

We believe safe, stable, and affordable housing are a necessity to achieving security and other basic needs. We know stable housing is critical to a child's success in the classroom, and partnering with the Siemer Institute allows us to help families move from crisis to stability through the Stable Families program. We are grateful for this partnership, allowing us to intervene and provide important resources to vulnerable families and children before they end up becoming homeless.

Housing Services have long been a tenant of the Y's scope of work; developed and administered specifically to meet the needs of communities served. Today, Central Ohio faces a tremendous need in shelter services and affordable housing; continuing our commitment and being a part of the solution is mission critical for our Y.

The YMCA of Central Ohio's Housing & Shelter program is the largest provider of services among Y's across the country and offers three different programs to serve different levels of need. Collaboration is essential to creating impact and we are grateful to be in partnership with the Community Shelter Board and many others as we all strive to end homelessness.

SHELTER SERVICES

Shelter services provide resources and services to those currently experiencing a housing crisis.



Serving on average 700 **NDIVIDUALS** every night



4775 SERVED throughout 2022



meals served: 223,662



volunteer hours: 5.484.25



volunteers: 2,117



workshops offered: 409



client participation in the workshops: 1,744+

MEET ANTHONY SLAUGHTER

For Anthony Slaughter, the big, bright Downtown YMCA sign meant opportunity after years of struggling to find safe housing. Working to heal from a traumatic past, he found himself falling into the grip of addiction – becoming homeless on and off for decades of his life. Anthony knew he needed support, a community and resources to help him get back on his feet. "My case managers immediately helped me by making sure I got on the right medicine. I started seeing a therapist, and I got help from addiction services. The YMCA gave me the encouragement I needed to get back on track and really take care of my health."

With the help of YMCA case managers, he was able to get healthier -

mentally and physically. "I think about my four year stay there a lot," Slaughter said. "There comes a time when you need help. The YMCA was the perfect place to help me." The sights and sounds of downtown became home to him. When he heard the Y was going to transition him to a new location – he felt nervous about the change. Slaughter along with several others who lived downtown were transitioned to Touchstone Field Place in Columbus, a brand new facility that provides each

"I have my own space. and even my own microwave and kitchen. My home and my space is the most important thing I have right now."

SCAN TO LEARN MORE

individual with their own apartment equipped with a full kitchen and bathroom, giving them access to a more independent lifestyle.

"When I first walked in I just remember being like 'wow,' Slaughter said. "I just couldn't believe it. They have everything here for you. I have my own space, and even my own microwave and kitchen. My home and my space is the most important thing I have right now. I was homeless off and on for about 30 years. That's a long time. Throughout my life I've held on to a lot of trauma and things that happened in my youth. That is why I fell into addiction."

Because of the structure, support and resources the Y has provided, Slaughter is learning the skills he needs to better manage his mental and physical health, relationships and life overall.

"Without my case managers I wouldn't be able to manage life as well as I

OF CENTRAL OHIO

IMPACT

REPORT 2022

of the Y, he has come a long way, and he is happy to be on the journey making positive strides.

RAPID REHOUSING

Rapid Re-Housing helps individuals experiencing homelessness find housing fast, pay for housing and stay in housing.



Housed 824 INDIVIDUALS from our shelter system



722 ADULTS AND 102 CHILDREN

PERMANENT SUPPORTIVE HOUSING

Permanent Supportive Housing is a cost effective model that combines affordable housing with support services to serve people who have experienced homelessness.



Served a total of 444 MEN AND WOMEN In our PSH programs with 96% success rate of staying stably housed



Successfully RELOCATED 403 MEN from our







OUR LEADERSHIP

BOARD OF TRUSTEES

The YMCA of Central Ohio is led by volunteers from across our community who have stepped forward to steward our assets and direct us in our mission. We are grateful to have had the following leaders on our Board of Trustees in 2022. Without their support and determined spirit, this year's events would not have been possible.

EXECUTIVE COMMITTEE

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Pam Biesecker

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Barbara Benham

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Catherine Strauss

Development Committee Co-Chair Managing Partner - Columbus Ice Miller, LLP

Aslyne Rodriguez

People, Culture & Equity Committee Senior Director, Regional Strategic Partnerships

Central Ohio Transit Authority

Tom Katzenmeyer Member At-Large President & CEO Greater Columbus Arts Council

Dr. L. Shon Burch

Member At-Large **Executive Director** Resident Resources Network

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VP, Global Philanthropy JPMorgan Chase & Co.

Chad Frush

President & Owner Frush Consulting

Autumn Glover

Senior Director, Community Health Partnerships OhioHealth

Wes Hall

VP, Philanthropy and Education Battelle

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Financial Advisor Katterhenry Investment Group

Todd Kegler

Director Kegler Brown Hill + Ritter

Hal Keller

President Emeritus Ohio Capital Corporation for Housing

Brad Kramer

Chief Financial Officer Micro Center

Charvella McKaye

Associate Professor, Early Childhood Development and Education Columbus State Community College

John North

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Chief Advancement & Strategy Officer

Erik Farley

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Brad McCain

Chief Financial Officer

Sue Darby SVP, Housing

Becky Ciminillo

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Timothy Wheat

Housing Resident

Lorina Wise

Relationship/Fund Manager

Affordable Housing Trust for

Robert "Skip" Weiler

The Robert Weiler Company

Chief Human Resources Officer

Nationwide Children's Hospital

Columbus and Franklin County

Partner

President

VP. Youth Development

Roger Hanafin DVP, Operations

Cory Hughes DVP, Operations

Elissa James

VP. People & Culture

Samantha Stewart

VP, Community Strengthening

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Nick Bates

Hilltop YMCA

David Cepek

Gahanna/John E. Bickley YMCA

Barth Cotner

Reynoldsburg Community Center YMCA

Jim Durham

North YMCA

Chad Frush

Grove City YMCA

Greq Georgic

Liberty Township/Powell YMCA

Doug Hile

Hilliard/Ray Patch Family YMCA

Tom Hubbell

Delaware Community Center YMCA

Bill Hughett

Whitehall Community Park YMCA

Brad Kunze

Don M. And Margaret Hilliker YMCA Bill Lyle

Jerry L. Garver YMCA

Heidi White

Pickaway County Family YMCA

Christopher Wyche

Eldon & Elsie Ward Family YMCA





INVEST IN THE Y, INVEST IN YOUR COMMUNITY

Our future is determined by the health of our children and safety of our communities. We believe we have a duty to bring people together, as we always have, to improve the lives of others by creating access to safer spaces, resources that empower our communities and programs to improve whole person health. This undertaking requires us to link arms and pull resources together to strengthen the communities in which we live.

Any investment in the Y is an investment in your community. This includes membership, programs, child care, volunteer time and donations. Your involvement and support of the Y leads to a greater service footprint of impact and transformation. Thank you to our dedicated staff, donors, members and volunteers for another year of tremendous impact across Central Ohio. We look forward to guiding even more transformation in our communities throughout the years to come.







FINANCIAL EXPENSES AND REVENUE

Because of our members, donors, partners, stakeholders and staff, the YMCA of Central Ohio is able to create impact and spark transformation in the communities that we serve. We believe our existence is intertwined and know that we will get farther together than we ever will independently.

Total Revenue and **Public Support**

EARNED REVENUE

→ Membership Programs \$8,650,187

\$20,298,673

PUBLIC SUPPORT

TOTAL

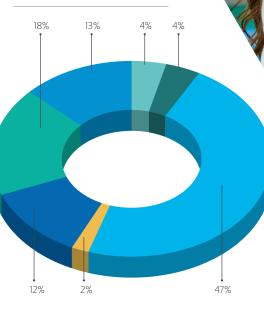
Contributions \$2,686,882 United Way \$2,424,635

Government Grants \$30,556,968 Resident and Related Services \$1,044,610

Other* \$8,065,205 TOTAL \$44,778,300

* \$7,223,210 PPP (Paycheck Protection

\$65,076,973



\$61,836,934 Program Services and Allocated Expenses

ALLOCATED EXPENSES

Total

Support Service to Programs Finance Costs \$349,726 Fundraising \$241,289

TOTAL

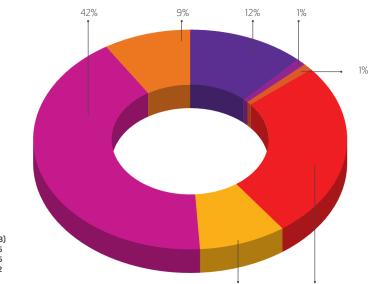
PROGRAM EXPENSES

\$7,760,180

Overlopment \$16,426,535 Healthy Living \$5,737,487 Social Responsibility \$25,842,276 Head Start \$6,070,456 TOTAL \$54,076,754

Loss on sale of 40 West Location Net Income/Change in Net Assets Non Cash Depreciation Net Cash Flow from Operations

(-\$1,828,273) \$1,411,766 \$5,454,052



YMCA

OF CENTRAL OHIO

IMPACT REPORT 2022

