

THIS SUMMER

BE XTREME

6.14.10...8.20.10



TEENXTREME THEMES & DATES

Wk 1 June 14-18 T.E.A.M. Building

Together Each Achieves More - learn to trust, build friendships and grow your leadership skills at camp this week through ice breaker games and team-building activities.

Wk 2 June 21-25 5 Countries, 5 Days

Give us 5 days and we'll give you 5 countries while never leaving camp. Jet from country to country as we learn about different cultures celebrated around the world. Taste their food, dance to their music and play their games.

Wk 3 June 28-July 2 Grossology

Ooey, Goopy and nasty too! Bring your old clothes for this one and get ready to be messy, sticky and grossed out!

Wk 4 July 5-9

Not Your Average Sport

Invent new games, play ultimate frisbee, ultimate golf, rugby basketball and play different sports that may be new to you! Not your traditional sports week - be there to experience difference!

Wk 5 July 12-16 Chefs-R-Us

Explore new and creative ways to make food and snacks at camp that you can turn around and make at home.

Wk 6 July 19-23 Got Talent?

Be in the spotlight as we relive game shows from the past, make new reality shows and host a talent show for your camp.

Wk 7 July 26-30 Mission Possible

Each day you are given a mission... do you accept it or pass it on? It might take all day but your mission is to solve the mystery or pass it on to another group.

Wk 8 Aug 2-6

Wonders of Science

Go wild as you enter the world of physics; build bottle rockets, rope bridges and play games all based on a science theme.

Wk 9 Aug 9-13

Water Mania

Expect to get wet as we slip-n-slid, throw water balloons and play water dodge ball while we explore all things water.

Wk 10 Aug 16-20 All Stars Week

Explore all the traditional sports you love and be all that you can be this week. Enjoy football, cheerleading, baseball and so much more.

TEENXTREME LOCATIONS & REGISTRATION

1 HILLIARD/RAY PATCH FAMILY YMCA Serving the Northwest Side: Hilliard, Dublin, Hilltop, Upper Arlington, Grandview
614-334-9622 4515 Cosgray Rd, Hilliard, OH 43026

2 JERRY L. GARVER YMCA Serving the East Side: Pickerington, Whitehall, Reynoldsburg, Bexley, Groveport, Canal Winchester, Gahanna
614-834-9622 6767 Refugee Rd, Canal Winchester, OH 43026

3 PONTIFICAL COLLEGE JOSEPHINUM Serving the North Side: Clintonville, Lewis Center, Westerville, Powell, Delaware County, Upper Arlington, Dublin, Worthington
614-885-4252 Register through North YMCA or
614-839-9622 Liberty YMCA

TEENXTREME-WHAT IS IT? It's something to do, in the summer, for teens entering grades 7-9. It's about a summer full of exciting teen-related activities, new and different adventures every week. Each of the 3 TeenXtreme locations has its own activities to choose from, like Sports, Arts, Creeking, Cooking, Team-building, Hanging with friends and more!

Open to YMCA Metropolitan and Program Members:
Metro/Branch Members \$125/week
Program Members \$150/week



YMCA of Central Ohio

Our mission: To serve the whole community through programs expressing Judeo-Christian principles that build a healthy spirit, mind and body. Financial assistance is available.

ymcacolumbus.org