



We build strong kids, strong families, strong communities.

Gymnasium Schedule-Fall I September 7th-October 25th

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:30								5:30
6:00								6:00
6:30								6:30
7:00							Adult B-ball	7:00
7:30							7:00-9:00	7:30
8:00								8:00
8:30								8:30
9:00								9:00
9:30								9:30
10:00		Fitness Academy 9am-3pm	Fitness Academy 9am-3pm	Fitness Academy 9am-3pm	Fitness Academy 9am-3pm			10:00
10:30								10:30
11:00								11:00
11:30								11:30
12:00								12:00
12:30								12:30
1:00								1:00
1:30								1:30
2:00								2:00
2:30								2:30
3:00								3:00
3:30								3:30
4:00								4:00
4:30		Teen Open Basketball	Teen Open Basketball	Teen Open Basketball	Teen Open Basketball	Teen Open Basketball		4:30
5:00								5:00
5:30	Gymnastics							5:30
6:00	5-8pm Ct 3	Aero. Challenge 6-7pm (ct1,2)		Aero. Challenge 6-7pm (ct1,2)				6:00
6:30								6:30
7:00			Teen Volleyball 7pm-8pm Ct 3		Teen Volleyball 7pm-8pm Ct 3	Friday Fundamentals 6:30pm Ct 3		7:00
7:30				Plyo Metrics 7-8pm Ct 1				7:30
8:00								8:00
8:30								8:30
9:00		Adult B-ball		Adult B-ball				9:00
9:30								9:30
10:00								10:00

Some courts may be available depending on the day and time.

Teen Volleyball will take place between 7-8pm on certain days.

Strong Well Fit may be in the gym between 6:30-7:30pm on Monday/Wednesday.

YMCA is closed.

For more information regarding Youth/Adult Sports please contact Dolly Crespo at 885-4252.

This schedule may be subject to change.

I apologize for any inconvenience.



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Gymnasium Schedule-Fall II October 25th-December 19th

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:30								5:30
6:00								6:00
6:30								6:30
7:00							Adult B-ball	7:00
7:30							7:00-9:00	7:30
8:00								8:00
8:30								8:30
9:00								9:00
9:30								9:30
10:00		Fitness Academy	Fitness Academy	Fitness Academy	Fitness Academy			10:00
10:30		9am-3pm	9am-3pm	9am-3pm	9am-3pm			10:30
11:00								11:00
11:30								11:30
12:00								12:00
12:30								12:30
1:00								1:00
1:30								1:30
2:00								2:00
2:30								2:30
3:00								3:00
3:30								3:30
4:00								4:00
4:30		Teen Open	Teen Open	Teen Open	Teen Open	Teen Open		4:30
5:00		Basketball	Basketball	Basketball	Basketball	Basketball		5:00
5:30	Gymnastics							5:30
6:00	5-8pm	Aero. Challenge	Pee Wee (ct. 3)	Aero. Challenge	Pee Wee (ct. 3)	YBL		6:00
6:30	Ct 3	6-7pm (ct1,2)	Basketball	6-7pm (ct1,2)	Adv. Basketball	Practices		6:30
7:00		YBL Practices	6pm-6:45pm	YBL Practices	6pm-6:45pm	6-8pm		7:00
7:30			Teen Volleyball	Plyo Metrics	Teen Volleyball	Some courts		7:30
8:00			Until Nov. 6th	7pm-8pm	Until Nov. 6th			8:00
8:30								8:30
9:00		Adult		Adult				9:00
9:30		B-ball		B-ball				9:30
10:00								10:00
Some courts may be available depending on the day and time.								
Youth Basketball League and programs may occupy all courts between 6-9pm								
Monday-Friday. Please check court schedule.								
Saturday mornings may also be occupied due to Youth Basketball League.								
YMCA is closed.								

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I apologize for any inconvenience.