

YPreschool SWIM LESSONS™

We build strong kids, strong families, strong communities.

North Branch YMCA - 614-885-4252
 Jenny Puett - Aquatic Director : jpuett@ymcacolumbus.org

Fall 1 2010, September 6 - October 24
 Registration begins: Metro Members - July 31
 Program Members - August 7

Class	\$ FEES		CODE	Su	Mo	Tu	We	Thr	Fr	Sa
	M	P								
Parent/Child			AGES 6 mos - 3 yrs							
Parent / Child	28	68	SKPR					6:25P-6:55P		
Preschool			AGES 3 - 5 yrs							
Pike **	24	60	PIKEM		6:20P-6:50P					
Pike	28	68	PIKER					5:00P-5:30P		
Pike	28	68	PIKES							9:00A-9:30A
Pike	28	68	PIKESU	5:00P-5:30P						
Eel **	24	60	EELM		6:20P-6:50P					
Eel	28	68	EELR					5:00P-5:30P		
Eel	28	68	EELS							9:00A-9:30A
Eel	28	68	EELSU	5:00P-5:30P						
Ray **	24	60	RAYM		6:20P-6:50P					
Ray	28	68	RAYR					5:00P-5:30P		
Ray	28	68	WAYS							9:00A-9:30A
Ray	28	68	WAYSU	5:00P-5:30P						
Starfish **	24	60	STARM		6:20P-6:50P					
Starfish	28	68	STARR					5:00P-5:30P		
Starfish	28	68	STARS							9:00A-9:30A
Starfish	28	68	STARSU	5:00P-5:30P						

M = YMCA Metropolitan Member **P** = YMCA Program Member (must have active Program Membership)
FREE = Free for Metropolitan Members ****** = Prorated fee for Pool Shutdown

Register online at ymcacolumbus.org

Our mission: To serve the whole community through programs expressing
 Judeo-Christian principles that build a healthy spirit, mind and body.

POOL HOURS

Mon-Fri 5:30 am-10:00 pm

Sat 7:00 am-8:30 pm

Sun 10:00 am-8:30 pm

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Parent/Child Swim Lessons: Ages 6 mos-3 yrs: This program offers activities based on the developmental abilities of the child. Parent learns how to positively and creatively encourage water skills through instruction and play as their child becomes more comfortable in the water.

Preschool Swim Lessons: Ages 3-5: Preschool swim lessons focus on basic swim skills and pool safety. Children move through progressive levels as they increase swimming distance, endurance and ability with each level

Pike: Children develop safe pool behavior and practice independent movement in the water. Recommended for beginning swimmers.

Eel: Reinforces Pike skills. Children are taught to kick, dive, float and perform the progressive paddle stroke.

Ray: Children review and improve stroke skills, as well as expand on stroke techniques and dive skills.

Starfish: Children review previously learned skills and refine their strokes as well as their personal safety, rescue and floating skills.

POOL POLICIES

- * Please enter and exit through the locker rooms only.
- * Children ages 5 and under must be accompanied by a parent/guardian (age 18 or older) in the water, within arms reach.
- * Children ages 6, 7 & 8 must have an adult actively supervising them in the pool area.
- * Children/Youth who need assistance or flotation device must have an adult in the water with them and are not permitted in the deep end.
- * Non-swimmers of any age are not permitted in the deep end.
- * Lifeguards reserve the right to test swimming competency of any participant at any time.
- * Street shoes are not permitted on the pool deck.
- * Any class without a minimum of 4 participants can be subject to cancellation.
- * Pool schedule is subject to change.
- * Please see additional rules in pool and hot tub areas prior to using the aquatic areas of the facility.
- * Thunderstorms: The pool will be closed during all thunderstorms, and will reopen 30 minutes after the last trace of thunder/ lightning.

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FREE = Free for Metropolitan Members ** = Prorated fee for Holiday