



We build strong kids, strong families, strong communities.

POOL SCHEDULE

Winter II 2010 : February 22 - April 11

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30		<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	
6:00		5:30-6:45am (ALL Lanes)	5:30-6:45am (ALL Lanes)	5:30-6:45am (ALL Lanes)	5:30-6:45am (ALL Lanes)	5:30-6:45am (ALL Lanes)	
6:30							
7:00		<u>Guard Break</u>	<u>Guard Break</u>	<u>Guard Break</u>	<u>Guard Break</u>	<u>Guard Break</u>	<u>Adult Lap Swim</u>
7:30		<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	7:00-9:00am (ALL Lanes)
8:00		7:00-9:30am (ALL Lanes)	7:00-9:30am (ALL Lanes)	7:00-9:30am (ALL Lanes)	7:00-9:30am (ALL Lanes)	7:00-10:00am (ALL Lanes)	
8:30							
9:00							<u>Swim Lessons</u>
9:30		<u>Aqua Walk</u>	<u>Arthritis</u>	<u>Aqua Walk</u>	<u>Arthritis</u>		9:00-11:05am (1 Lap Lane)
10:00		9:30-10:15am (2 Lap Lanes)	9:30-10:15am (2 Lap Lanes)	9:30-10:15am (2 Lap Lanes)	9:30-10:15am (2 Lap Lanes)	<u>Aqua Walk</u>	
10:30	<u>Open/Lap Swim</u>					10:00 - 10:45 (2 Lap Lanes)	
11:00	10:00am-3:30pm (2 Lap Lanes)	<u>Open/Lap Swim</u>		<u>Open/Lap Swim</u>	<u>Open/Lap Swim</u>		
11:30		10:15-5:30pm (2 Lap Lanes)	<u>Preschool</u>	10:15-5:30pm (2 Lap Lanes)	10:15-5:30pm (2 Lap Lanes)	<u>Preschool</u>	<u>Open/Lap Swim</u>
12:00			<u>Open/Lap Swim</u>			<u>Open/Lap Swim</u>	11:05am-8:30pm (2 Lap Lanes)
12:30			Noon-5:30pm (2 Lap Lanes)			Noon-5:30pm (2 Lap Lanes)	
1:00							
1:30							
2:00							
2:30							
3:00							
3:30	<u>Y Swim Team</u>						
4:00	3:30-5:00pm (1 Lap Lane)						
4:30							
5:00	<u>Swim Lessons</u>				<u>Swim Lessons</u>		
5:30	5:00-6:20pm (1 Lap Lane)	<u>Swim Lessons</u>			5:00-7:05pm (1 Lap Lane)	<u>Y Swim Team</u>	
6:00		5:30-7:40pm (1 Lap Lane)	<u>Y Swim Team</u>	<u>Y Swim Team</u>		5:30 - 8:00 (1 Lap Lane)	
6:30	<u>Open/Lap Swim</u>		6:00 - 8:15 (1 Lap Lane)	6:00 - 8:00 (1 Lap Lane)			
7:00	6:20-8:30pm (2 Lap Lanes)				<u>Open/Lap Swim</u>		
7:30					7:00 - 8:00		
8:00			<u>Water Fitness</u>		<u>Water Fitness</u>		
8:30		<u>Open/Lap Swim</u>	8:00 - 8:45 (2 Lap Lanes)	<u>Open/Lap Swim</u>	8:00 - 8:45 (2 Lap Lanes)	<u>Open/Lap Swim</u>	
9:00		7:40-10:00pm (2 Lap Lanes)		8:15-10:00pm (2 Lap Lanes)		8:30-10:00pm (2 Lap Lanes)	
9:30			<u>Open/Lap Swim</u>		<u>Open/Lap Swim</u>		
10:00			8:45-10:00pm		8:45 - 10:00		

- ** The Pool will be closed every morning from 6:45-7:00am for the lifeguard break. Please plan accordingly.
- *** Adult lap swim is reserved for adults (18 and older) who are swimming laps or using the lanes for water exercise.
- **** Pool schedule is subject to change.
- *** PLEASE NOTE: In accordance with YMCA policies, we will at times have unannounced lifeguard drills during the day. During these drills you will be asked to exit the pool. Remain calm and follow the directions of the lifeguard.