

YOUTH™

We build strong kids, strong families, strong communities.

Liberty Twp/Powell YMCA - 052

Michele Cannell mcannell@ymcacolumbus.org

Winter II 2010 February 22 - April 11

Registration begins: Metro Members - February 6

Program Members - February 13

Class	\$ FEES		Code	Su	Mo	Tu	We	Thr	Fr	Sa
	M	P*								
SPORTS										
PW Basketball Beg (3-5)	25	65	PWBBALL BEG					5:00-5:30 PM		
PW Basketball Adv (3-5)	25	65	PWBBALL ADV					5:30-6:00 PM		
Baton (3-5)	25	65	BATON					5:00-5:30 PM		
CheerLeading (3-5)	25	65	CHEERP		5:45-6:15 PM					
Hip Hop (6-9)	25	65	HIPHOP					5:30-6:00 PM		
Youth Basketball (6-9)	25	65	YBBALL					6:00-6:45 PM		
Youth Hockey (6-9)	25	65	YHOCKEY			5:00-5:30 PM				
Youth Volleyball (6-9)	25	65	YVBALL			5:30-6:00 PM				
GYMNASTICS										
Tiny Tots (1-2)	25	65	TINYT			4:00-4:30 PM				
Tiny Tots (1-2)	25	65	TINYSA							11:30-12:00 PM
Tumbleweeds (3-4)	25	65	TUMBT			4:45-5:15 PM				
Tumbleweeds (3-4)	25	65	TUMBSA							12:15-12:45 PM
Rollers (5-7)	25	65	ROLLT			5:30-6:00 PM				
Rollers (5-7)	25	65	ROLLSA							1:00-1:30 PM
Y Tots R Fit	25	65	YTOTS					5:00-5:30 PM		
EDUCATION										
Pre-School (3-5)	35	45	PRESCH			9:30-11:30 AM				
Music (3-5)	25	65	MUSIC						11:00-11:30 AM	

M = YMCA Metropolitan Member **P*** = YMCA Program Member (must have active Program Membership)
FREE = Free for Metropolitan Members

Register online at ymcacolumbus.org

Our mission: To serve the whole community through programs expressing
 Judeo-Christian principles that build a healthy spirit, mind and body.

1/28/2010



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PeeWee Sports- Ages 3-5. Classes focus on the physical and social development of our youngest athletes. Participants will be introduced to basic skills of the various sports and social skills involved in youth sports. Parent participation is required.

Baton- Your child will learn basic baton twirls as well as a routine that they will perform at the end of the session. Baton will be provided.

Youth Sports- Ages 6-9. YMCA classes will teach the rules and basic skills needed to participate in various sports. Activities will focus on the development of sport specific skills, teamwork, fair play and the Core Values of the YMCA. During classes, games may be used for instructional purposes and will be non-competitive.

Cheerleading- Child will learn cheerleading routines from dance routines and drills, and basic techniques as well. There will be a performance at the end of the session.

Hip Hop- Ages 6-9. Your child will “Bust a Move.” Learn new hip hop moves to keep active and have fun.

Tiny Tots- Ages 1-2 will participate in activities that promote gross motor skills and social interaction. Parent participation is required.

Tumbleweeds- Ages 3-4 will participate in floor, balance beam, as well as trampoline exercise. Participants will learn beginning apparatus techniques and basic tumbling skills.

Rollers – Ages 5-7 will participate in floor, balance beam and springboard exercise. Participants learn more advanced apparatus techniques and tumbling skills.

Y Tots r Fit- Ages 3-5. Children are introduced to simple exercises and simple interactive games. This is a fun way to incorporate exercise into your toddler’s daily life.

Pre-School Class- Ages 3-5 (must be potty trained). Drop your child off for an adventure. Your child will experience a variety of educational, social and physical activities.

Music- Ages 3-5. Children learn to appreciate music through instruments, songs and interpretive dance..

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