

# YMCA Hilltop Gym Schedule

October 27th through December 16th

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST
5:30	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym					
5:45														
6:00														
6:15														
6:30	5:30-9:15		5:30-9:15		5:30-9:15		5:30-9:15		5:30-9:15					
6:45														
7:00														
7:15														
7:30														
8:00														
8:15											Tone Strength 8:15-9:15			
8:30														
8:45														
9:00														
9:15														
9:30	Tone Strength 9:30-10:30		Silver Sneakers 9:30-10:15		Pilates 9:30-10:30		Silver Sneakers 9:30-10:15		Tone Strength 9:30-10:30		Tumbleweeds 9:15-10:00			
9:45														
10:00														
10:15														
10:30							1, 2, You 10:30-11:00		Preschool 11:00-11:30		Tumbletots 10:00-10:30 Rollers 10:30-11:15			
10:45	Preschool 11:00-11:30		Preschool 11:00-11:30		Preschool 11:00-11:30		Preschool 11:00-11:30		Preschool 11:00-11:30		Tumbling 11:15-12:00			
11:00														
11:15														
11:30	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		Swingers I & 2 12:00-12:45		Open Gym 12:00-6:00	
11:45					Special Olympics 11:30-- 2:15		11:30-1:00		11:30-1:30					
12:00	11:30-1:30		11:30-2:15											
12:15														
12:30														
12:45														
1:00							Home School Gym		Preschool 1:30-2:00		Youth Basketball 1:00-4:00			
1:30	Preschool 1:30-2:00								Teens					
2:00														
2:15	Teens		Teens		Teens		1:00-2:30		Teens					
2:30														
2:45														
3:00														
3:30	2:30-5:15		2:30-5:30		2:30-5:30		2:30-5:15		2:30-5:30					
4:00														
4:30											Open Gym 4:00-6:00			
5:00														
5:15														
5:30			Open Gym 5:30-6:00				HS Hoops 5:00-- 6:00		Tumbling Beg Rollers 5:30-6:15		Open Gym 5:30-6:00			
5:45	Tumbleweeds 5:30-6:15		Pee Wee Class 6:00-7:00		Open Gym 6:00-7:00				Tumbletots Tap 6:15-7:00		Tae Kwon Do 6:00-7:00			
6:00														
6:15														
6:30														
6:45	Rollers 6:15-7:00													
7:00									Family Gym					
7:15	Kickbox 7:15-8:15		Family Gym 7:15-8:15		Cross-Train 7:15-8:15		Pilates 7:15-8:15		7:00-- 8:00		Family Night 7:30-- 9:00			
7:30														
7:45														
8:00														
8:15														
8:30	Open Gym	Adult Gym	Open Gym	Adult Gym	Open Gym	Adult Gym	Open Gym	Adult Gym	Open Gym	Adult Gym				
9:00														
9:30	8:30--	8:30--	8:30--	8:30--	8:30--	8:30--	8:30--	8:30--	8:30--	8:30--				
10:00	10:00	10:00	10:00	10:00	10:00	10:00	10:00	10:00	10:00	10:00				

**Gym will be CLOSED for Special Events:**

- Sunday, November 2nd (3:30-6:00pm)-- Swim Meet
- Sunday, November 9th (12:30-4:30pm)-- Y-tribes Turkey Shoot
- Friday, November 21st (7:30-9:00pm)-- Thanksgiving @ the YMCA
- Saturday, December 6th (All Day)-- YBL Games
- Sunday, December 7th (5:00-6:00pm)-- Swim Team Christmas Party

\* SCHEDULE SUBJECT TO CHANGE.