

# YMCA Hilltop Gym Schedule

February 22nd through April 11th

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY									
	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST								
5:30	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym													
5:45	5:30-9:15		5:30-9:15		5:30-9:15		5:30-9:15		5:30-9:15													
6:00																						
6:15																						
6:30																						
6:45																						
7:00																						
7:15																						
7:30																						
8:00																						
8:15																						
8:30																						
8:45																						
9:00																						
9:15															Set-Up		Set-Up		Set-Up		Set-Up	
9:30	Pilates 9:30-10:30		Silver Sneakers MSROM 9:30-10:30		Silver Sneakers Cardio Circuit 9:30-10:30		Silver Sneakers MSROM 9:30-10:30		Pilates 9:30-10:30		Tumbleweeds 9:15-10:00											
9:45	Tear-Down		Tear-Down		Tear-Down		Tiny Tots 10:30-11:00		Tear-Down		Tumbletots 10:00-10:30											
10:00							Preschool 11:00-11:30		Preschool 11:00-11:30		Preschool 11:00-11:30		Preschool 11:00-11:30		Rollers 10:30-11:15							
10:15	Open Gym 11:30-1:15		Open Gym 11:30-1:15		Open Gym 11:30-1:15		Open Gym 11:30-2:15		Open Gym 11:30-1:15		Tumbling 11:15-12:00											
10:30	Tear-Down		Tear-Down		Tear-Down		Tear-Down		Tear-Down		Swingers I & 2 12:00-12:45											
10:45																						
11:00																						
11:15																						
11:30																						
11:45																						
12:00																						
12:15																						
12:30																						
12:45																						
1:00																						
1:30											Preschool 1:30-2:00		Preschool 1:30-2:00		Preschool 1:30-2:00		Preschool 1:30-2:00		Youth Hockey 1:30-2:30		Open Gym 1:00-4:30	
2:00											Set-Up		Set-Up		Set-Up		Set-Up		Set-Up		Teen Basketball 2:30-4:30	
2:15											Teens 2:30-5:15		Teens 2:30-5:30		Teens 2:30-5:30		Teens 2:30-5:15		Teens 2:30-5:30		Open Gym 4:30-6:00	
2:30	Set-Up		Set-Up		Set-Up		Set-Up		Set-Up		GYM CLOSED: February 21st											
2:45																						
3:00																						
3:30																						
4:00																						
4:30																						
5:00																						
5:15																						
5:30											Tumbleweeds Rollers 5:30-6:15		Teen Basketball 5:30-6:30		HS Hoops 5:00-- 6:00		Swingers2 Rollers 5:30-6:15		Open Gym 5:30-6:00		Rental @ 4:30	
5:45											Teen Volleyball 6:15-7:15		Pee Wee Class 6:00-7:00		Ballet 5:45-7:00		Tumbletots Tumbleweeds 6:15-7:00		Tae Kwon Do 6:00-7:00		GYM CLOSED: March 6th March 13th March 27th	
6:00																						
6:15											Tear-Down		Tear-Down		Tear-Down		Tear-Down		Tear-Down		Family Gym 7:00-- 8:00	
6:30																						
6:45																						
7:00																						
7:15																						
7:30	Kickbox 7:15-8:15		Boot Camp Fit. 7:15-8:15		Tone & Strength 7:15-8:15		Pilates 7:15-8:15		Family Night 7:30-- 9:00													
7:45	Open Gym 8:30-- 9:30		Open Gym 8:30-- 9:30		Open Gym 8:30-- 9:30		Open Gym 8:30-- 9:30		Open Gym 8:30-- 9:30												Open Gym 8:00-9:30	
8:00																						
8:15																						
8:30																						
8:45																						
9:00																						
9:15																						
9:30																						

**Gym will be CLOSED for Special Events:**

- Sunday, February 21st (1:00-6:00pm)-- Swim Meet
- Saturday, March 6th (1:00-6:00pm)--Hockey
- Saturday, March 13th (1:00-6:00pm)--Volleyball
- Friday, March 26th (1:00-6:00pm)--Family Night!
- Saturday, March 27th (1:00-6:00pm)--Hockey

\* SCHEDULE SUBJECT TO CHANGE.