



W

nities.

We build strong kids, strong families, strong communities.

Hilltop YMCA - 614-276-8224
Keri Bragdon, Sports Coordinator : kbragdon@ymcacolumbus.org

Summer 2010 June 7 - Aug 1, 2010

Registration begins: Metro Members - May 15

Program Members - May 22

Summer session is 8 weeks long!!

Class	\$ FEES		Code	Su	Mo	Tu	We	Thr	Fr	Sa
	M	P*								
Gymnastics										
Rollers (ages 6-12)	\$28	\$68	H322A					6:15P-7:00P		
Rollers (ages 6-12)	\$28	\$68	H322B		6:15P-7:00P					
Rollers (ages 6-12)	\$28	\$68	H322C							11:15-12:00P
Swingers (ages 8-17)	\$28	\$68	H323G							11:15-12:00P
Tumbletots (ages 2-3)	\$28	\$68	H324A					6:30P-7:00P		
Tumbletots (ages 2-3)	\$28	\$68	H324B							9:10A-9:40A
Tumbleweeds (ages 4-5)	\$28	\$68	H331A		6:15P-7:00P					
Tumbleweeds (ages 4-5)	\$28	\$68	H331E							9:45A-10:30A
Tumbling (ages 6-17)	\$28	\$68	H332C							10:30-11:15A
Martial Arts										
Tae Kwon Do (6yrs & up) Glenwood	\$28	\$68	H310B					7:00p-8:00p		
Tae Kwon Do (6yrs & up) Hilltop	\$28	\$68	H310A						6:00p-7:00p	

M = YMCA Metropolitan Member P* = YMCA Program Member (must have active Program Membership)
FREE = Free for Metropolitan Members

REGISTER NOW!!!
Hilltop YMCA Day Camp
 Scholarship and Title XX accepted.

Register online at ymcacolumbus.org

Our mission: To serve the whole community through programs expressing
 Judeo-Christian principles that build a healthy spirit, mind and body.

5/17/2010

YSPORTS™

We build strong kids, strong families, strong communities.

Hilltop YMCA - 614-276-8224

Keri Bragdon: Kbragdon@ymcacolumbus.org

Gymnastics

Tumbletots (ages 2-3)

A parent child class that teaches basic locomotor movements using gymnastics fundamentals and apparatus.

Tumbleweeds (ages 4-5)

Basic gross motor development is emphasized as the youth learn the fundamentals of gymnastic moves on the floor, beam, bars and vault.

Rollers (ages 6-12)

Emphasis is placed on basic body mechanics and skill development on bars, beam, floor and vault.

Tumbling (ages 6-15)

Basic body positions, balance and coordination will be covered as well as rolls, cartwheels, roundoffs and advanced tumbling skills.

Swingers 1 & 2 (ages 8-17)

Advanced training on gymnastic skill development on bars, beam, floor and vault. Participants must be able to perform a cartwheel and roundoff and have an understanding of basic gymnastic skills.

Martial Arts

Tae Kwon Do (ages 6 & up)

Youth and adults learn the basic skills and discipline of Tae Kwon Do. There is an additional fee for testing and uniforms.



**REGISTER NOW!!!
REGISTER NOW!!!**



Kick-off will be Saturday, June 5th, 2010

T-ball (ages: 5-7) @ 10:00 AM

Coach & Player Pitch (ages 7-12) @ 12:00 PM

AGES & LEAGUES:

Tiny Tikes T-ball for 3 & 4 year olds (Starting June 8th @ 6:15pm, Tuesdays Only)

T-Ball for 5, 6 & 7* year olds (Thursday & Saturday)

Coach Pitch for 7, 8, 9* year olds (Monday & Saturday)

Player Pitch for 9, 10, 11 & 12 year olds (Wednesday & Saturday)

* Placement depends on skill level.

Fee: Full Members : \$40 & Program Members** : \$60**

**Must have either a Full or Program membership to participate. Program membership is \$30 per individual or \$50 for a family

Register online at ymcacolumbus.org

Our mission: To serve the whole community through programs expressing
Judeo-Christian principles that build a healthy spirit, mind and body.