

# YMCA- Hilltop Pool Schedule is good for: Sept 7- Oct. 24, 2010

Please, remember that the schedule is subject to change.

**Thunderstorms**- The YMCA pool will be closed during all thunderstorms.

The pool will reopen 20 min. after the last trace of thunder/ lightening. *If you have questions PLEASE CALL 276-8224.*

**OUR POOL WILL BE CLOSED AFTER 12 NOON ON  
SATURDAY OCTOBER, 2<sup>ND</sup>.**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
5:45	Lap Swim 5:45-7:45	Lap Swim 5:45-8:00	Lap Swim 5:45-7:45	Lap Swim 5:45-8:00	Lap Swim 5:45-7:45		YMCA CLOSED Opens @ 1pm		
8:00	Guard Break	Guard Break	Guard Break	Guard Break	Guard Break				
8:00	Water Fitness 8:00-9:00	Lap Swim 8:15-9:00	Water Fitness 8:00-9:00	Lap Swim 8:15-9:15	Water Fitness 8:00-9:00	Water Fitness 8:00-9:00*			
9:00	Lap Swim 9:00-10:00 9:45-10 *1 walking lane open	Open Swim With 2 Lap lanes 9:00-10:30	Lap Swim 9:00-10:00 9:45-1 walking lane open		Swim Lesson 9:15-11:00	Lap Swim 9:00-10:00 9:45-10 *1 walking lane open		Swim Lessons 9:00-12:45	
9:30									
10:00	AOA 10:00-11:00	Senior Swim 10:30-11:00	AOA 10:00-11:00		AOA 10:00-11:00				
11:00	Preschool 11:00-11:30	Preschool 11:00-11:30	Preschool 11:00-11:30	Preschool 11:00-11:30	Lap Swim 11:00-1:00				
11:30	Lap Swim 11:30-1:00	Lap Swim 11:30-1:00	Lap Swim 11:30-1:00	Lap Swim 11:30-1:00		Guard Break 12:45-1:00			
1:00	Swim Lesson 1:00-1:30	Rental 1:00-3:00	AOA 1:00-2:00	HOTR Swim Lessons 1:00-3:00	Rental 1:00-3:00	Open Swim 1:00-3:00 * 1 lap lane open		Swim Team 1-2:30 1 lap lane open	
	Guard Break								
2:00			Guard Break						
2:30	Preschool 2:30-3:00		Preschool 2:30-3:00						
3:00	Open Swim 3:00-4:30 * 1 lap lane open	Open Swim 3:00-4:30 * 1 lap lane open	Open Swim 3:00-4:30 * 1 lap lane open	Open Swim 3:00-4:30 * 1 lap lane open	Open Swim 3:00-4:30 * 1 lap lane open	Family Swim 3:00-4:00			
3:30						Guard Break	Guard Break		
4:30	Swim Lessons 4:30-7:00	Swim Team 4:30-6:30	Swim Team 4:30-7:00	Swim Lessons 4:30-6:00	Swim Team 4:30-7:00	Lap Swim 4:15-5:45	Open Swim 2:45-5:00 1 lap lane open		
5:00	Arthritis & Injury 5:30-6:30								Pool Closed
6:00									
6:30						Open Swim 6:30-7:30		Arthritis & Injury 6:00-7:00	
7:00	Water Fitness 7:00-8:00	Aqua Jog 7:30-8:30 Preschool 7:30-8:00	Water Fitness 7:00-8:00	Open Swim 7:00-8:00 *1 lap lane open	Family Night Swim 7:00-9:15 No Lap Lane available until 8:30	YMCA CLOSED	YMCA CLOSED		
8:00	Open Swim 8:00-9:15 *with 2 lap lanes	Swim Team 8:30-9:45	Open Swim 8:00-9:15 *with 2 lap lanes	Swim Team 8:00-9:30					
9:00									
9:30	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed				

Please be aware that the lifeguard staff occasionally is being audited to check safely skills by our Metro team. During these drills be aware that you may be asked to exit the pool at unannounced times. Thank you for your understanding and cooperation.