

Time	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
5:30 A.M.	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym					
6:00 A.M.	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym					
6:30 A.M.	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym					
7:00 A.M.	5:30 - 11:00		5:30 - 11:00		5:30 - 11:00		5:30 - 11:00		5:30 - 11:00		Open Gym		Open Gym	
7:30 A.M.											7:00-7:30		7:00-8:30	
8:00 A.M.											Bootcamp			
8:30 A.M.											7:30-8:30		Gym-	
9:00 A.M.											Open Gym		nastics	
9:30 A.M.											8:30-10:15		8:30-12:45	
10:00 A.M.														
10:30 A.M.														
11:00 A.M.														
11:30 A.M.	Adult Gym		Adult Gym		Silver Sneakers		Silver Sneakers		1, 2 and you/Skill Builders		1, 2 and you		Adult Hoop	
12:00 P.M.	11-12:30		11-12:30		10:00-12:00		10:00-12:00		9:00-12:00		10:15-12:00		11:00-3:00	
12:30 P.M.											Open Gym		Family Gym	
1:00 P.M.	Open Gym		Open Gym		Open Gym		Open Gym		Open Gym		12:00-3:00		12:45-3:00	
1:30 P.M.	12:30 - 3:30		12:00 - 3:30		12:00 - 3:30		12:00 - 3:30		12:00 - 3:30					
2:00 P.M.														
2:30P.M.														
3:00 P.M.														
3:30 P.M.	Youth/Teen Hoop		Youth/Teen Hoop		Youth/Teen Hoop		Youth/Teen Hoop		Youth/Teen Hoop		Teen Hoop		Teen Hoop	
4:00 P.M.	3:30-6:00		3:30-6:00		3:30-6:00		3:30-6:00		3:30-6:00		3:00-6:00		3:00-6:00	
4:30 P.M.														
5:00 P.M.														
5:30 P.M.														
6:00 P.M.														
6:30 P.M.	1, 2 and you		Winter Meltdown		Basketball Class		Volleyball League		6:00-6:40		Adult Gym		Open Gym	
7:00 P.M.	5:40-7:25		6:00-7:00		6:00-7:00		6:00-7:15		6:00-7:30		6:00-8:00		6:00-8:00	
7:30 P.M.														
8:00 P.M.	Adult Hoop		Open Volleyball		Adult Hoop		Teen Hoop		Adult Gym		Teen Hoop			
8:30 P.M.	7:25-10:00		7:00-9:00		7:00-10:00		7:15-9:00		7:30-10:00		7:30-9:00			
9:00 P.M.														
9:30P.M.														
10:00 P.M.														

Note: Schedule subject to change due to program changes, low class enrollment or special events

Hoop: 5 on 5 for: Youth 9-12. Teen ages 13-17. Adult 18+

**Games may be broken up to allow others to play. Volleyball available.

Family Gym: Parent/child play. **NO PICKUP BASKETBALL.** Basketball hoops may be lowered.

Open Gym: Courts available to shoot/play by age group

All Children under 9 years must be supervised by an adult, in the gym, at ALL times.

Family Fun Nights: 1st Friday of every month; Gym games, Arts & Crafts, Snacks and More!! Gym Schedule Will be Adjusted.

CLIMBING WALL OPEN TUES: 4-7 THURS: 4-6

AFTER 9:00PM: GYM RESERVED FOR 18 AND OVER ONLY.