

# YOUTH SPORTS™

We build strong kids, strong families, strong communities.

**Grove City YMCA 871-9622**

Gretchen Carpenter, [gspace@ymcacolumbus.org](mailto:gspace@ymcacolumbus.org)

**Fall I September 6 - October 24**

**Classes prorated for Labor Day**

**Registration begins: Metro Members - July 31**

**Program Members - August 7**

Class	\$ FEES		Code	Su	Mo	Tu	We	Thr	Fr	Sa
	M	P*								
Rookies Soccer 4-5 yrs	22	58	350m		6-6:45pm					
Rookies Soccer 6-7 yrs	25	68	350t			6-6:45pm				
Sports of all Sorts 3-5 yrs	22	65	735W				10-10:45AM			
Sports of all Sorts 3-5 yrs	22	65	735WPM				6:15-7PM			
Flag Football 6-12 yrs	25	68	380				6-6:45p			
<b>GYMNASTICS</b>										
Tumbleweeds 3-5 yrs	22	58	302		6:15-7PM					
Tumbleweeds 3-5 yrs	25	68	302S							8:45-9:30AM
Cheer 6-12 yrs	25	68	304							11:45AM-12:30PM
Rollers 6-12 yrs	25	68	303							9:45-10:30AM
Swingers 6-12 yrs	25	68	303S							10:45-11:30AM
<b>Martial Arts</b>										
Tae Kwon Do	25	68	304T			6-7:00PM				
Tae Kwon Do	25	68	304S							9-10:00AM
Tae Kwon Do	25	68	304R					6-7:00PM		

**M** = YMCA Metropolitan Member    **P\*** = YMCA Program Member (must have active Program Membership)  
**FREE** = Free for Metropolitan Members

*Register online at [ymcacolumbus.org](http://ymcacolumbus.org)*

Our mission: To serve the whole community through programs expressing  
 Judeo-Christian principles that build a healthy spirit, mind and body.

8/11/2010

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**Rookies Soccer** ages 4-7yrs. The YMCA Rookies Soccer program is a pre-competitive, skill development class. Children will learn individual skills, rules of the sport, and sportsmanship. This is not a league. Parent attendance and participation is mandatory.

**Sports of all Sorts (previously known as Short Sports)**- (age: 3-5) Especially for our youngest athletes, your preschooler will enjoy a new sport or group game each week.

**Flag Football** ages 6-12 Learn the basics of football. Participants will learn offensive and defensive positioning and plays, rules of the game and sportsmanship. This is not a league, but games will be played to reinforce skill development.

**Tumbleweeds**- (age: 3-5) Basic gross motor development is emphasized as youth learn the fundamentals of gymnastics.

**Cheer**- (age: 6-12) Participants will learn jumps, arm positions, cheers and chants.

**Rollers**- (age: 6-12) Learn the basics of floor and beam. Will learn how to do a cartwheel and to perfect the cartwheel.

**Swingers**- (age: 6-12) Must have completed Rollers. Will continue to learn the floor and beam. Will learn back walkovers and to perfect cartwheels.

**Tae Kwon Do**- (age: 6 & up) Youth and adults will learn the basic skills and discipline of Tae Kwon Do. There is an additional fee for testing and uniforms

1/2010

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