

YOUTH SPORTS™

We build strong kids, strong families, strong communities.

Grove City YMCA 871-9622

Gretchen Carpenter, gspace@ymcacolumbus.org

Winter II February 22- April 11, 2010

Registration begins: Metro Members - February 6

Program Members - February 13

| Class | \$ FEES | | Code | Su | Mo | Tu | We | Thr | Fr | Sa |
|-------------------------|---------|----|--------|----|----------|----------|------------|----------|----|-----------------|
| | M | P* | | | | | | | | |
| Rookies Basketball | 25 | 68 | 340 | | | | 6PM-6:45PM | | | |
| Rookies Basketball | 25 | 68 | 350 | | | | 7PM-7:45PM | | | |
| Sports of all Sorts | 22 | 65 | 735W | | | | 10-10:45AM | | | |
| Sports of all Sorts | 22 | 65 | 735WPM | | | | 6:15-7PM | | | |
| Youth Volleyball League | 40 | 60 | TVL | | | | | 6pm-7pm | | |
| GYMNASTICS | | | | | | | | | | |
| Tumbleweeds | 25 | 68 | 302 | | 6:15-7PM | | | | | |
| Tumbleweeds | 25 | 68 | 302S | | | | | | | 8:45-9:30AM |
| Cheer | 25 | 68 | 304 | | | | | | | 11:45AM-12:30PM |
| Rollers | 25 | 68 | 303 | | | | | | | 9:45-10:30AM |
| Swingers | 25 | 68 | 303S | | | | | | | 10:45-11:30AM |
| Martial Arts | | | | | | | | | | |
| Tae Kwon Do | 25 | 68 | 304T | | | 6-7:00PM | | | | |
| Tae Kwon Do | 25 | 68 | 304S | | | | | | | 9-10:00AM |
| Tae Kwon Do | 25 | 68 | 304R | | | | | 6-7:00PM | | |

M = YMCA Metropolitan Member **P*** = YMCA Program Member (must have active Program Membership)
FREE = Free for Metropolitan Members

Register online at ymcacolumbus.org

Our mission: To serve the whole community through programs expressing
 Judeo-Christian principles that build a healthy spirit, mind and body.

2/9/2010

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Sports of all Sorts (previously known as Short Sports)- (age: 3-5) Especially for our youngest athletes, your preschooler will enjoy a new sport or group game each week.

Rookies Basketball - (age: 4-7) This is a pre-competitive, skill development class. Children will learn individual skills, tactile and team building skills. Children will learn the rules, positive values and concepts of fair play. This is not a league

Teen Volleyball League (ages 11-15) This is a competitive league that emphasis on the YMCA rule "Everybody plays, everybody wins". The team will practice once a week and games are at area YMCA's on Saturdays.

Tumbleweeds- (age: 3-5) Basic gross motor development is emphasized as youth learn the fundamentals of gymnastics.

Cheer- (age: 6-12) Participants will learn jumps, arm positions, cheers and chants.

Rollers- (age: 6-12) Learn the basics of floor and beam. Will learn how to do a cartwheel and to perfect the cartwheel.

Swingers- (age: 6-12) Must have completed Rollers. Will continue to learn the floor and beam. Will learn back walkovers and to perfect cartwheels.

Tae Kwon Do- (age: 6 & up) Youth and adults will learn the basic skills and discipline of Tae Kwon Do. There is an additional fee for testing and uniforms

9/2010

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