

**CAN YOU HELP
JUST ONE™ ?**

These are difficult times and many people are in need – NOW. All of us want things to get better, for our family and friends and in our community. We want to help those in need. But, the question is: **WHAT CAN I DO?**

HELP JUST ONE

The YMCA of Central Ohio has always provided as much help for our community as possible.

We provide child care for infants and children, equipment for those with challenges so they can stay mobile, diabetes programs for prevention and management, and nearly 100 other programs and services to provide a better quality of life for central Ohioans.

But the call for assistance keeps growing, and we need your help to continue to answer the call.

What can YOU do? Help...

ONE CHILD

Help the YMCA continue to provide assistance to those in need of child care, developmental screening for infants, specialized equipment for children, teens and young adults with a disability, Homeschool curriculum and youth and teen programs.

ONE ADULT

Help the YMCA in our efforts to provide essential housing, access to healthcare, food, clothing and supportive services to thousands of area adults looking for hope and a brighter future.

ONE FAMILY

Help us continue our 155 year tradition of supporting the needs of families throughout central Ohio who turn to the YMCA in times of need.

HELP JUST ONE CHILD

“My husband was laid off and had to take ANY part-time job to help cover our bills. I work, but we’re struggling to make ends meet and child care is a big expense for our family! We were so relieved to learn that the Y has financial assistance. I really don’t know what my family would do without the Y. Not only are the teachers the best, but I really feel like they care about my little girl and our situation. They LISTEN!”

- *Olivia B.*



Accessible & Affordable Child Care

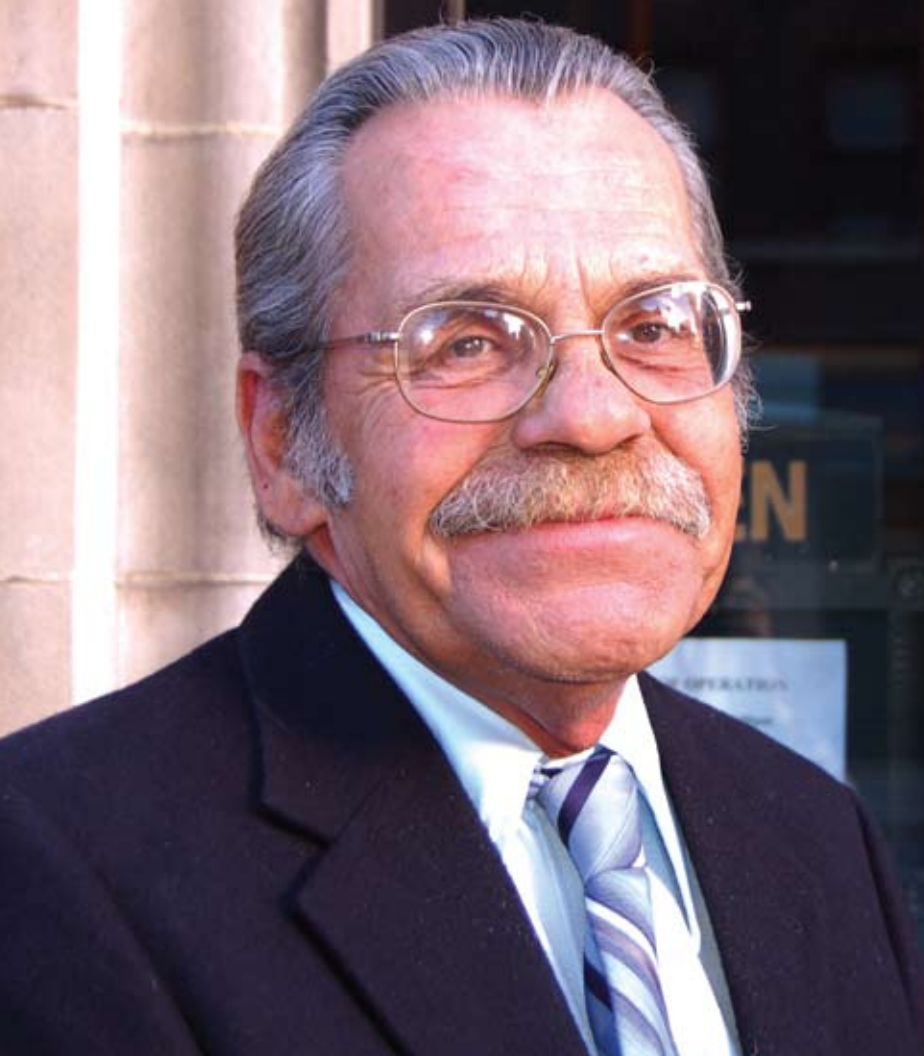
The YMCA of Central Ohio is the largest provider of child care in our community. We serve over 3,000 children annually in 45 infant, preschool and child care locations.

Because we provide this care, parents can work or search for employment AND their children can feel safe and learn, because they have someone who cares for and about them.

HELP JUST ONE ADULT

“Thinking back, that was a tough time. I was going to be on the streets... no job, no family, nothing and I was scared. Thank God for the Y! Without their help, I’m sure I would be homeless and hungry, not knowing what to do. Their staff took me in, gave me a HOME, and helped me to find a job - and I’m starting to get back on my feet.”

- *Dave D.*



Housing and Supportive Services

Our YMCA is the largest provider of supportive housing in central Ohio. We are the champions for adults, veterans and other at-risk persons.

The economy continues to challenge our community - and men and women who are “on the verge” of becoming homeless turn to us for help.

Each year, we provide low-income housing for over 1,200 men and women at the Downtown YMCA and Sunshine Terrace locations.

HELP JUST ONE FAMILY

“I am a single parent of two. The YMCA “Before and After Care” programs and their summer camps have helped me tremendously. I don’t have much family here and the family I do have can’t help. I often tell people how the Y sponsored my family for Christmas - and how my kids received gifts - they wouldn’t have had a Christmas if it wasn’t for the Y. I get depressed sometimes and have gained a lot of weight. I’m THANKFUL we can come to the Y as a family and I can exercise and get healthy and be a better mom for my kids.”

- *Tiffany P.*



One Family at a Time

There are literally thousands of family stories – all encouraged and supported in their time of need, because inability to pay is not a barrier to our services. The mission of the YMCA is not in recession.

The YMCA has always been and will always be about strengthening the ENTIRE family. All are welcomed.

CAN YOU HELP? PLEASE GIVE

We know that these are difficult times for everybody, but we also know that giving is a part of the heritage of central Ohio – even in the hardest economic conditions there are still a lot of giving hearts that want to help their neighbors.

When you give to the YMCA of Central Ohio, your gift will go directly to help one – ONE CHILD, ONE ADULT OR ONE FAMILY.

Please make the choice today to HELP JUST ONE.

\$5 a month: Helps develop the skills of a young athlete in a YMCA youth sports program.

\$10 a month: Builds the self-confidence of a child through swim and water safety lessons.

\$15 a month: Builds one community for seven seniors in an Active Older Adult program – for relief from the aches of age and feeling alone.

\$20 a month: Gives local teens the opportunity to make a difference in their community through the YMCA's Teen Leaders program.

\$25 a month: Helps build a friendship between two youngsters at a YMCA Summer Day Camp, where they'll learn how to canoe, hike and be best friends forever.

\$50 a month: Gives a homeless adult shelter AND hope for a better future.

\$65 a month: Strengthens a family in need from your community through a YMCA membership.

\$100 a month: Allows a child to find safe haven and new learning experiences through a YMCA After School program.

I WILL HELP JUST ONE

2010 Gift/Pledge \$ _____ Please bill me Now Monthly Quarterly

OR

Ongoing Monthly Donation of \$ _____ Gift Secured By _____

Name _____ Billing Address _____

City, State, Zip _____ Phone _____

Email _____ Employer _____

Designated Branch _____

PAYMENT METHODS

Bank Draft I authorize the YMCA of Central Ohio to draft my account \$ _____ per month.

Payroll Deduction (YMCA Employees only) I authorize the YMCA of Central Ohio to deduct \$ _____ per pay period.

Personal Check Payable to the YMCA of Central Ohio, mail with pledge card, to designated branch address

Credit Card Master Card Visa American Express Discover

Name on card _____ Credit Card Number _____

Expiration Date _____ Signature _____

YMCA OF CENTRAL OHIO LOCATIONS

Metropolitan Offices 614-224-1142
40 W. Long St., Columbus, OH 43215

Downtown YMCA 614-224-1131
40 W. Long St., Columbus, OH 43215

Early Childhood Resource Network+ (ECRN+)
614-543-9000
6877 N. High St., Ste. 209, Worthington, OH 43085

Gahanna YMCA 614-416-9622
555 YMCA Place, Gahanna, OH 43230

Jerry L. Garver YMCA 614-834-9622
6767 Refugee Rd., Canal Winchester, OH 43110

Grove City YMCA 614-871-9622
3600 Discovery Dr., Grove City, OH 43123

Hilliard/Ray Patch Family YMCA 614-334-9622
4515 Cosgray Rd., Hilliard, OH 43026

Hilltop YMCA 614-276-8224
2879 Valleyview Dr., Columbus, OH 43204

Hoover Y Park 614-491-0980
1570 Rohr Rd., Lockbourne, OH 43137

Liberty Township/Powell YMCA 614-839-9622
7798 N. Liberty Rd., Powell, OH 43065

North YMCA 614-885-4252
1640 Sandalwood Pl., Columbus, OH 43229

Pickaway County YMCA 740-477-1661
440 Nicholas Dr., Circleville, OH 43113

YMCA Southwest Community Center 614-539-1770
3500 First Ave., Urbancrest, OH 43123

Hilltop YMCA/Cherry Creek Site 614-878-7260
600 Fox Ridge St., Columbus, OH 43228

Eldon & Elsie Ward Family YMCA 614-252-3166
130 Woodland Ave., Columbus, OH 43203

YMCA Camp Willson 800-423-0427
2732 County Road 11, Bellefontaine, OH 43311



Our Mission: To serve the whole community through programs expressing Judeo-Christian principles that build a healthy spirit, mind and body.

ymcacolumbus.org

