

Adventure Education



You cannot teach man anything; you can only help him find it within himself. -Galileo



Teambuilding

Teambuilding is set up to be a series of progressive experiences. Your group can do 1-6 sessions of teambuilding depending on your length of stay. Each experience builds on previous accomplishments of the group. *Activities are not determined by time periods but by the interactions of members of the group in a progression as follows:*

Group Games - Fun-filled challenges and ice-breakers set the tone for the retreat. Large and small group games also help group members to interact, learn names, and establish a sense of play. This is also the beginning of determining group boundaries and expectations.

Initiatives - After the initial games, the large group is split into smaller teams to personalize the experience. A Willson facilitator will introduce props and scenarios to allow the group to practice problem-solving, communication, and teamwork skills. After each initiative, group members will evaluate their own effectiveness and establish new methods for success.

Trust Building and Spotting- Once groups have worked successfully through challenges together they are ready to focus on building trust. They will move from simple trust exercises to learning and practicing "spotting" each other. Focus and attention to safety is emphasized.

Low Ropes Initiatives - After demonstrating safety and successful spotting, groups can tackle initiatives that may involve height or lifting group members. Our low ropes elements offer diverse challenges that stretch the boundaries of individuals and the whole group.

High Ropes Challenge

The ultimate Teambuilding experience! Our course is 24' tall, and features 9 unique elements. It allows for the whole group or a portion of the group to all experience the ropes course together. All elements are linked together, and participants have options at each transition point. Group members finish with an exhilarating ride down the Zip Line.



We are generally better persuaded by the reasons we discover ourselves than by those given to us by others. -Blaise Pascal

*Strengthen the team,
sharpen their vision.*



The Instructors:
All Camp Willson teambuilding courses are taught by knowledgeable, experienced staff who have been trained in processing, safety, and group leadership.

The Schedule:

The experience starts with get-to-know-you games and activities. Based on information provided prior to your arrival, we tailor the schedule and activities to your group's goals and abilities.

The Housing:

If you choose an overnight package, you will stay in modern, heated cabins with complete restroom facilities. (Bring your own bedding, towels, and toiletries.) We'll eat meals together in Pettigrew Dining Hall, where you will feast on some fantastic cooking from our dining hall crew.

Registration Information:

To register, either call us at (800-423-0427) to register by phone, or email conference@ymcacampwillson.org.

Once registered, you will receive a complete confirmation packet, which includes a packing list, directions, and camp information.

Take risks. If you win you'll be happy; if you lose you'll be wise. -Anonymous

The YMCA's Mission: To serve the whole community through programs expressing Judeo-Christian principles that build a healthy spirit, mind, and body.

2732 County Rd. 11
Bellefontaine, OH 43311
(800) 423-0427
www.ymcacampwillson.org
conference@ymcacampwillson.org



Recreational Activities

Climbing Tower— Participants enjoy encouraging each other as they experience our 25-foot high climbing tower. Climbers wear a harness and are on belay for this exciting opportunity to set and strive towards a personal goal.

Giant Swing- Group members pull two participants 34 feet in the air, where they release themselves to swing out over our beautiful horse pasture. Sure to elicit screams of delight!

Pamper Pole- Climb a 24 foot pole, stand on top, enjoy the view and jump for the goal! Support each other and thrill your way through this exciting activity.

Other activities, including tennis, basketball, volleyball, archery, air rifles, Goofy Golf, fishing, boating, and more are available.



We build strong kids, strong families, strong communities.